SON LLATZER WALANT COURSE

7th - 8th FEBRUARY 2020
PALMA DE MALLORCA

Organizer

Carlos Pérez Uribarri
Jefe de Sección de Cirugía de Extremidad Superior
Hospital Universitario Son Llàtzer

Venue
Hospital Universitario Son Llàtzer
SON LLATZER WALANT COURSE

7th - 8th FEBRUARY 2020
PALMA DE MALLORCA

FACULTY

Amir Adham Ahmad
Malaysia

Thomas Aparad
France

Donald H. Lalonde
Canadá

Xavier Aldecoa
Tarragona

Ana M. Far-Riera
Mallorca

Marta Oldrati
Mallorca

TOPICS
Walant Principles
Walant and...Tendon surgery, Fractures,
Nerve surgery, Sports & Ultrasound
Guided Surgery
GENERAL INFORMATION

VENUE
Hospital Universitario Son Llàtzer
Ctra. Manacor, km.4
07198 Palma de Mallorca

REGISTRATION
Early Bird Fee (Until 31 Dec 2019) 320€
After 31 Dec 2019 375€
(VAT included)

Send request to: spiros@torrespardo.com

TECHNICAL SECRETARIAT
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SCIENTIFIC PROGRAM 7TH FEBRUARY

07:45-08:00 Opening

08:00-08:15 Welcome Authorities

08:15-08:30 Objectives and course presentation C. Pérez-Uribarri

PART 1: HOW TO DO WALANT, NERVE RELEASE AND TRIGGER FINGER
Moderator: M. Oldrati

08:30-08:40 The End of the Epinephrine Myth, the Tourniquet and General Anesthesia for Hand Surgery D. Lalonde

08:40-09:10 WALANT Principles. Dosage & Technique D. Lalonde

09:10-09:30 Implantation of WALANT programme in a Spanish Hospital J. Aldecoa

09:30-09:50 How WALANT has changed my practice in hand surgery T. Apar

09:50-10:10 Wide awake surgery as a “Triple Aim” Procedure A.M. Far-Riera

10:10-10:30 Maximizing Efficiency in Common Hand Surgery Procedures and Evidence Based sterility D. Lalonde

10:30-11:45 Discussion

11:45-12:00 Coffee break ☕️
SCIENTIFIC PROGRAM  7TH FEBRUARY

12:00-12:10  Carpal Tunnel Release  
C. Pérez-Uribarri

12:10-12:20  Trigger finger  
M. Oldrati

12:20-12:40  Ulnar nerve release  
D. Lalonde

12:40-13:00  Pronator Teres, Lacertus Fibrosus: Diagnosis and Release of Median Nerve at the Elbow with WALANT  
D. Lalonde

13:00-13:20  Arthrolysis and Tenolysis  
J. Aldecoa

13:20-13:30  Discussion

13:30-14:10 Lunch Break

PART 2: HAND TRAUMA  
Moderator: A.M. Far-Riera

14:10-14:20  Advantages of Flexor Tendon Repair in the Wide Awake Patient  
J. Aldecoa

14:20-14:50  How to get Consistently Good Results in Flexor Tendon Repair  
D. Lalonde

14:50-15:10  Getting the Tension Right in Tendon Transfers and Tendon Grafting with the Wide Awake Approach  
D. Lalonde

15:10-15:30  Thumb Extension is Immediate Following Extensor Indicus Proprius to extensor Pollicis Longus Tendon Transfer using the Wide Awake Approach

15:30-15:50  Extensor Tendon Repair and Including Relative Motion Splinting Concept  
D. Lalonde
## Scientific Program 7th February

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>15:50-16:10</td>
<td>Managing Boutonniere Deformities and Swan-neck Deformities</td>
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<td><em>T. Apard</em></td>
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<tr>
<td>16:10-16:30</td>
<td>How to get better results in finger and metacarpal fractures</td>
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<td><em>D. Lalonde</em></td>
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<td>16:30-16:45</td>
<td>Distal radius fracture under WALANT</td>
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<td><em>A. Adham</em></td>
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<td>16:45-17:00</td>
<td>Phalangeal osteotomy under walant</td>
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<td><em>T. Apard</em></td>
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<td>17:00-17:15</td>
<td>Discussion</td>
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## Scientific Program 8th February

### PART 3: Arthroplasty and Dupuytren

*Moderator: C. Pérez-Uribarri*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>09:00-09:10</td>
<td>PIP Arthroplasty under WALANT</td>
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<td><em>T. Apard</em></td>
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<td>09:10-09:25</td>
<td>Wide awake trapeziectomy for thumb basal joint arthritis</td>
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<td><em>D. Lalonde</em></td>
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<td>09:25-09:40</td>
<td>CMC tenosuspension and total arthroplasty</td>
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<td><em>T. Apard</em></td>
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<td>09:40-10:00</td>
<td>Improving Results with safe Dupuytren’s WALANT and Relative Motion splints for Extensor Lag</td>
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<td><em>D. Lalonde</em></td>
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<tr>
<td>10:00-10:20</td>
<td>Solving Common Hand Pain Problems with Simple Solutions like Relative Motion Splinting</td>
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<td><em>D. Lalonde</em></td>
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<tr>
<td>10:20-10:30</td>
<td>Discussion</td>
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SCIENTIFIC PROGRAM  8TH FEBRUARY

10:30-10:45  How to Improve Security in tendon repair.  
Sponsored by Suturas Aragó  
C. Pérez- Uribarri

10:45-11:15  Coffee, donuts & hands on tendon repair  ☕

PART 4 : WHAT'S NEXT?  
Moderator: J.M. Rapariz

11:15-11:35  Tendon transfer for radial nerve palsy  
A. Adham

11:35-11:55  Applications in sports medicine  
T. Apard

11:55- 12:15  Spaghetti wrist under WALANT  
A. Adham

12:15-12:35  Ultrasound and WALANT surgery  
T. Apard

12:35-12:55  WALANT for upper limb fractures  
A. Adham

12:55-13:15  WALANT for lower limb fractures  
A. Adham

13:15-13:30  Discussion

13:30  Course Closure  
C. Pérez-Uribarri