


Oral presentations in English.
Workshops in English, Spanish, French, German and Portuguese.

 **MADRID** January 31st & February 1st 2025
Place: Medical Faculty, Autonomous University of Madrid
Department of Anatomy, Histology and Neuroscience
C/ Arturo Duperier, 4 – 28029 Madrid



Registration fee: **€1,270.50 (VAT included)**
5% discount for SEECO and SECMA members
Registration includes attendance at the sessions, coffees and working lunch.

SEECO accreditation exam in Hand & Wrist ultrasound:
– **Level I:** €302.50 (VAT included)
– **Level II:** €363.00 (VAT included)

Technical Secretariat: **Sociedad Española de Ecografía**
Phone: +34 655 694 698 • secretariatecnica@seeco.es
www.seeco.es

Registration through:
<https://seeco.es/curso-ecografia/iii-curso-de-ecografia-de-mano-y-muneca-level-ii/>

Note: The completion of this Course requires a minimum demand of 20 attendees. Limited places. Endorsed by S.E.ECO (EFSUMB member), a certificate of attendance to the Course, for 11 hours of theoretical-practical training, will be delivered.

Accreditation delivered by the Commission for Continuing Training on Health Professions has been requested to the Autonomous Region of Madrid.



III COURSE OF ULTRASOUND OF HAND AND WRIST (LEVEL 2)

Course Director and Organizer: Javier Ferreira MD, PhD

Requested patronage:  SOCIEDAD ESPAÑOLA DE CIRUGÍA DE MANO

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PRESENTATION LETTER

Dear colleagues,

Following the success of the precedent editions of the Advanced Course of Ultrasound of Hand and Wrist (Level 2), we are pleased to announce that the Spanish Ultrasound Society (SEECO) launches the third edition of this course, focused on the eco-guided interventionism of hand and wrist pathologies.

The use of ultrasound at the surgery of hand and wrist is a reality today, being the invasive procedures and the eco-guided surgery the most recently incorporated and developing disciplines, in which new techniques and devices are continuously appearing.

In this new edition, over an intense one and half day, we will have both a cutting-edge theoretical program full of leading presentations from the most prominent and outstanding specialists, as well as a practical part of the highest level. From SEECO, we desire to give the maximum prominence to the practical part with one entire day full of workshops provided by highly qualified instructors. Every student will have an anatomic specimen to practice eco-guided ultrasound techniques.

English will be the language of all oral presentations. Moreover, and upon attendant's request, workshops could be performed in English, Spanish, French, German or Portuguese.

We hope that this course will be appealing to all those health specialist devoted to the surgery of hand and wrist who already use ultrasound in their daily practice.

Due to the special nature of the course, places are very limited, so our advice is to reserve the dates January 31st and February 1st 2025, to avoid missing this magnificent event in which attendants will have the opportunity of increasing their knowledge in this, more and more, important field of medicine.

Looking forward to hearing from you, I send you my best regards,

Francisco Javier Ferreira Villanova, MD, PhD

Director of the Advanced Course of Ultrasound of Hand and Wrist (Level 2)

FACULTY

Fernando Corella Montoya, MD

Wrist & Hand Surgeon
University Hospital Infanta Leonor, Madrid
University Hospital Quirón Salud, Madrid.
Olimpia Quironsalud, Madrid.

Fernando Dávila Fernández, MD

Bidasoa's Hospital
Sendagrup Clinic Guipúzcoa.

Francisco Javier Ferreira Villanova, MD

Wrist & Hand Surgeon
Chief of the Orthopaedic, Traumatology and Surgery Service
San Rafael's Hospital, Madrid.

Sebastian Kluge, MD

Chief Hand Surgeon
Handchirurgie Seefeld. Zurich. Switzerland.

Fernando Jiménez Díaz, MD

Specialist in Sports Medicine
International Chair of Skeletal Muscle Ultrasound, UCAM.

Olivier Mares, MD

Hand Surgeon, Orthopaedics department
University Hospital Nimes, France.

Carla Ricardo Nunes, MD

Orthopaedic Wrist & Hand Surgeon
Chief of the Wrist & Hand Service,
Hospital CUF Tejo
Prof. Católica Medical School.

Scientific committee

Fernando Jiménez, MD, PhD and Olivier Mares, MD

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INTRODUCTION:

The MSK ultrasound training course, organized by SEECO and SECMA, will allow promoting the use of ultrasound as a diagnostic tool for wrist and hand pathology, being an important asset for orthopaedic, traumatology and surgery specialists in patient's treatment.

DURATION, METHODOLOGY AND PROGRAM:

This course corresponds to the Level II of a COMPLETE training in ultrasound of Wrist and Hand.

Level II Course: with a total duration of 12 teaching hours, the course is divided into theoretical and supervised classes with anatomical models and practices on corpse.

Program: advanced ultrasound diagnosis of hand and wrist injuries. Ultrasound-guided interventions of hand and wrist injuries.

GOALS:

1. Update on advanced ultrasound of the musculoskeletal system.
2. To gain knowledge on ultrasound technique and its use for the study of advanced ultrasound anatomy of the hand and wrist.
3. To gain knowledge on ultrasound technique and its use for the study of hand and wrist injuries.
4. Interventional ultrasound techniques review in the treatment of hand and wrist pathologies.

ADDRESSED TO:

Specialists in orthopaedic and/or traumatology surgery, medical doctors and other health specialists devoted to wrist and hand pathologies with experience in the use of ultrasound.

SEECO ACCREDITATION: EXPERT IN ULTRASOUND OF HAND AND WRIST:

Regardless of the course, attendants may obtain the ACCREDITATION of EXPERT IN ULTRASOUND OF HAND AND WRIST.

Granted by the Ultrasound Spanish Society (SEECO), it is mandatory to have gained previously the Accreditation of Ultrasound of Hand and Wrist Level I & II. For both cases, Level I or Level II, the student has to pass two exams: first exam is related to the theoretical part of the course while the second exam is related to practical part. The first part could be tested at any of the courses of hand and wrist provided by SEECO. To pass the practical part, students must perform ultrasound examinations as requested by the instructor (Level I) and accomplish ultrasound-guided interventional procedures (Level II).

The application to attend to any accreditation exams has to be asked to the Technical Secretariat of SEECO, independently of the application filled for the course.

TRANSPORTATION TO THE COURSE PLACE:

Taxi: Faculty of Medicine, Autonomous University of Madrid. C/ Arturo Duperier, 4, Madrid

Bus: 67, 132, 134 and 135 till bus stop "Facultad de Medicina"

Underground: Line 10, in direction to "Hospital Infanta Sofía" till "Begoña" station

ACCOMODATION CLOSE TO THE COURSE PLACE:

MAP VIEW of accommodation possibilities close to the course place:

[Click here](#)

LINK TO BOOKING.COM with accommodation close to the course place (Max €200 per night):

[Click here](#)

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PRELIMINAR PROGRAM

FRIDAY, JANUARY 31 ST, 2025

15:00 - 15:30 COURSE PRESENTATION:

Dr. Ferreira (Director)
Prof. Clascá (Head of the Anatomy Dept. UAM)
Dr. Jiménez (Spanish Society of Ultrasound)

15:30 - 16:15 LIGAMENTOUS PATHOLOGY:

15:30-15:45: Role of Ultrasound in escafolunate instability. Dr. Kluge

15:45-16:00: Ultrasound usefulness in Stener injuries.
From diagnosis to treatment and postop follow-up. Dr. Corella

16:00-16:15: Possibilities of ultrasound in TFCC lesions. Dr. Ferreira

16:15 - 16:45 TENO FASCIAL PATHOLOGY:

16:15-16:30: How does ultrasound helps us in elbow tendinopathy. Dr. Mares

16:30-16:45: Ultrasound diagnosis & US-guided surgery in
Dupuytren disease. Dr. Ferreira

16:45 - 17:15 FRACTURES:

16:45-17:00: Usefulness of ultrasound in fractures. Dr. Kluge

17:00-17:15: Ultrasound usefulness in scaphoid fractures
& non-union. Dr. Dávila

17:15 - 17:35 COFFEE BREAK

17:35 - 18:35 NERVE PATHOLOGY:

17:35-17:50: US diagnosis of nerve sections & neuromas. Dr. Kluge

17:50-18:05: My carpal tunnel approach & treatment protocol. Dr. Mares

18:05-18:20: Lacertus Syndrome. Dr. Nunes

18:20-18:35: Ultrasound features & guided-surgery in ulnar
neuropathy at the elbow. Dr. Mares

18:35 - 19:15 INTERVENTIONISM:

18:35-18:55: Ecoguided interventionism:
General principles and techniques of approach. Dr. Jiménez

18:55-19:15: Ultrasound-guided surgery:
Concepts, instruments and rationale. Dra. Nunes

19:15 Accreditation in Ultrasound of Hand and Wrist Level I.

And regardless of the course itself, students may attend to an exam to obtain the Accreditation in Ultrasound of Hand and Wrist Level I. **Cost: €302.50.** Application can be done by the link:

- Level I:

<https://seeco.es/curso-ecografia/inscripcion-prueba-de-acreditacion-nivel-i-mano-y-muneca/>

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PRELIMINAR PROGRAM

SATURDAY, FEBRUARY 1ST, 2025

09:00 - 09:15	Practice 1: Hands on Lab: Needle management. Tips & tricks.	Dr. Jiménez
09:15 - 09:45	Practice 2: Extensor compartments and trigger finger injection.	Dr. Corella
09:45 - 10:15	Practice 3: US-guided hydrodissection in CTS.	Dr. Ferreira
10:15 - 10:45	Practice 4: Joint infiltration: TMC joint, MCF and IP.	Dr. Kluge
10:45 - 11:30	Practice 5: Long Trigger finger Us-guided surgery.	Dr. Dávila
11:30 - 12:00	COFFEE BREAK	
12:00 - 12:45	Practice 6: Thumb Us-guided surgery A1 release.	Dr. Mares
12:45 - 14:15	REVIEW. Practice 7: Treatment of epicondylitis using TENEX system.	Dr. Jiménez
14:15 - 15:15	LUNCH	
15:15 - 16:00	Practice 8: US-guided carpal tunnel release.	Dra. Nunes
16:00 - 16:45	Practice 9: US-guided DeQuervain release.	Dr. Ferreira
16:45 - 17:15	Practice 10: US-guided ulnar nerve release.	Dr. Mares
17:15 - 18:00	Practice 11: US-guided lacertus syndrome surgery.	Dra. Nunes
18:00	END COURSE. FAREWELL	Dr. Jiménez (Presidente SEECO)
18:15	ACCREDITATION IN ULTRASOUND OF HAND AND WRIST LEVEL II	

WORKSHOPS INFORMATION:

An anatomic specimen will be available for every student.

A demonstration and/or short video of each technique will be done or played previously by the instructor in charge of the practice. Workshops are available in several languages: English, French, German, Portuguese and Spanish.

Each practice will last 30-45 min.

18:15 Accreditation in Ultrasound of Hand and Wrist Level II.

And regardless of the course itself, students may attend to an exam to obtain the Accreditation in Ultrasound of Hand and Wrist Level II. It is mandatory to have succeeded previously both the theoretical and practical part of the Course in Ultrasound of Hand and Wrist Level I.

Cost: €363.00. Application can be done by the link:

- **Level II:**

<https://seeco.es/curso-ecografia/inscripcion-prueba-de-acreditacion-nivel-ii-mano-y-muneca/>

To take the Level II Accreditation test, it is essential to have passed the theoretical test and the practical part of Level I.



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COLLABORATING COMPANIES:

